

# Reasoning Rheumatology



RHEUMATOLOGY.PHYSIO

ONLINE.



Jack March



# Easy Referrals



RHEUMATOLOGY.PHYSIO

ONLINE.

Barn door cases

Strongly Inflammatory Back Pain  
Multiple inflamed joints





# Harder Referrals



RHEUMATOLOGY.PHYSIO

ONLINE.

Diffuse/non specific pain

Connective Tissue  
Disorders

4 or less joints  
(oligoarthritis)



# Diffuse/non specific pain



RHEUMATOLOGY.PHYSIO

ONLINE.

Know related systems  
Inflammatory clues  
Specific symptoms?



# Connective Tissue Disorders



RHEUMATOLOGY.PHYSIO

ONLINE.

Don't forget they exist  
Predominant none MSK symptoms  
Investigation Challenges



# Oligoarthritis



RHEUMATOLOGY.PHYSIO

ONLINE.

Early Inflammatory Arthritis  
Inflammatory Osteoarthritis  
Injury  
"Mechanical"

# Clinical Reasoning



RHEUMATOLOGY.PHYSIO

ONLINE.

Inflammatory Pattern  
Distribution  
Unilateral / bilateral / upper&lower



# Clinical Reasoning



RHEUMATOLOGY.PHYSIO

ONLINE.

Onset

Duration

Age

Reoccurrence



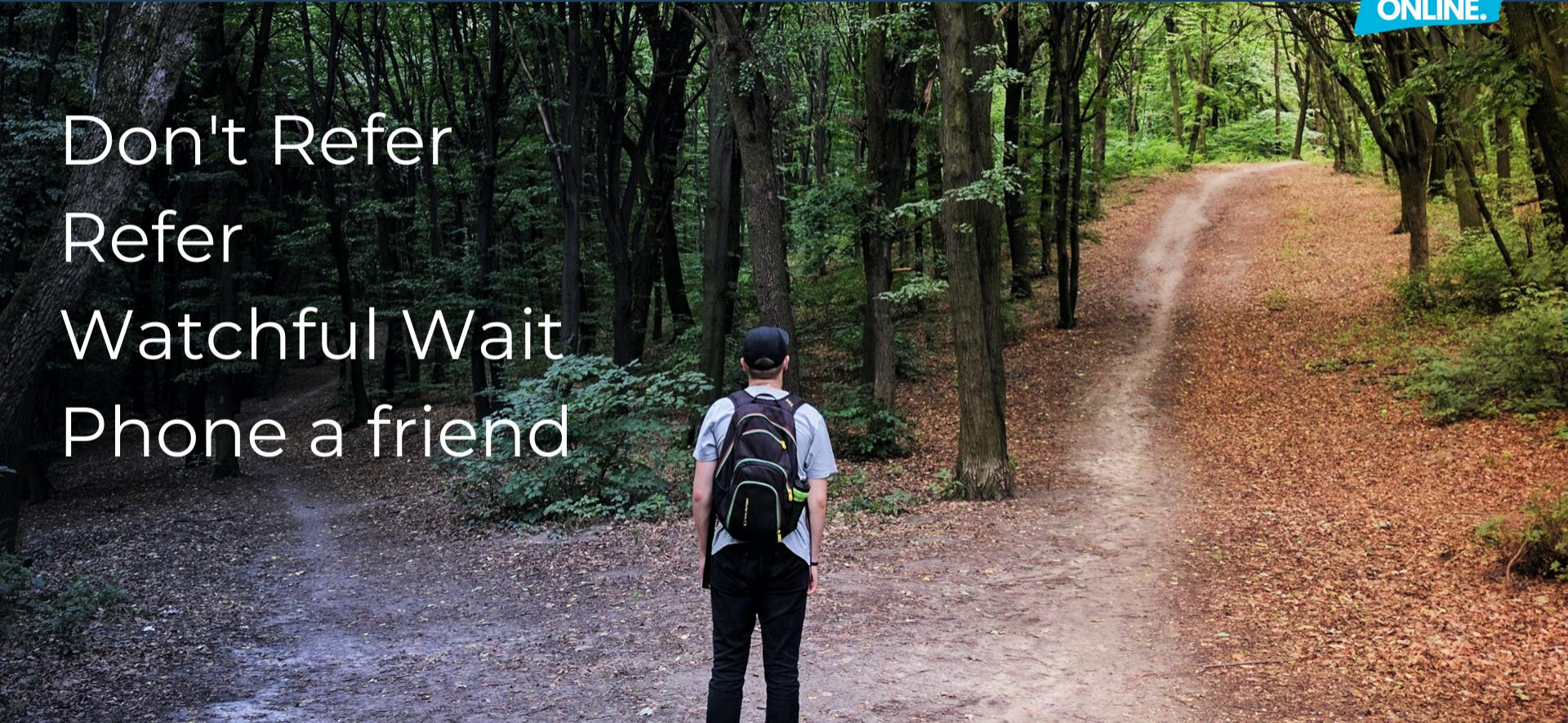
# Options



RHEUMATOLOGY.PHYSIO

ONLINE.

Don't Refer  
Refer  
Watchful Wait  
Phone a friend



# Jack's Tips

Consider Rheumatology Disorders  
Flag Inflammatory Comorbidities  
Acknowledge its not easy  
Get help  
Retain a working diagnosis





# For Example

Plantar Heel Pain

+ tendon history

+ back pain

+ inflammatory pattern

+ psoriasis



# Reasoning Rheumatology



RHEUMATOLOGY.PHYSIO

ONLINE.



Jack March

