

Quiz Questions

Swelling, redness, and joint stiffness lasting over 30 mins in the morning is a sign of inflammation

True/False

Which of these conditions are associated with the development of Rheumatic conditions

- a. Crohn's Disease
- b. Sciatica/radicular back pain
- c. Achilles tendon tear
- d. Psoriasis

Which best describes "Spondyloarthritis"

- a. Mostly affecting men, predominantly back pain, better with NSAIDs
- b. Affecting men and women equally, inflammatory back pain, better with rest
- c. Affecting men and women equally can affect the spine and peripheral joints, early morning symptoms worse >30 mins
- d. Affects slightly more men than women, worse with activity, early morning symptoms worse >30 mins

All Rheumatoid Arthritis patients will have bilateral symptoms

True/False

An extra-articular feature of Rheumatoid Arthritis is Achilles tendinopathy

True/False

Inflammatory marker testing is always positive in Rheumatoid Arthritis

True/False

Some Axial Spondyloarthritis patients will be HLA-B27 negative

True/False

Some Axial Spondyloarthritis patients will not have any inflammation on MRI

True/False

An equal number of men develop Axial Spondyloarthritis as women

True/False

Which symptoms can be related to Psoriatic Arthritis

- a. Nail Changes
- b. Dactylitis
- c. Plantar fasciitis
- d. All of the above

Symptoms worse with activity and better with rest are usually reported by Psoriatic Arthritis and patients

True/False

Psoriatic Arthritis is most likely to present with

- a. Inflammatory back pain, Crohn's disease, fatigue
- b. Peripheral enthesitis, psoriasis, obesity
- c. Multiple MCPJ pain, uveitis, depression
- d. 1st MTPJ pain, symptom onset at night, family history of gout

Is Osteoporosis under or overdiagnosed in the population?

Gout most commonly affects the 1st MTP Joint

True/False

Osteoporosis and Gout should be referred immediately to Rheumatology

True/False

Which Exercise Programs are safe for Rheumatic Diseases?

- a. Yoga
- b. Swimming
- c. Heavy lifting
- d. All of the above

How should Exercise programs be determined

- a. Person's Age
- b. Symptom severity
- c. Person's preference
- d. Disease type