Connective Tissue Disorders









Sjogrens Syndrome

Recognition

Investigation

Onwards referral



Multiple joint pains

Myalgia

Fatigue

Up to 200/100,000 in UK have SLF

10:1 Female:Male

Twice as likely in African American women compared to Caucasian women

Peak onset age 15-44



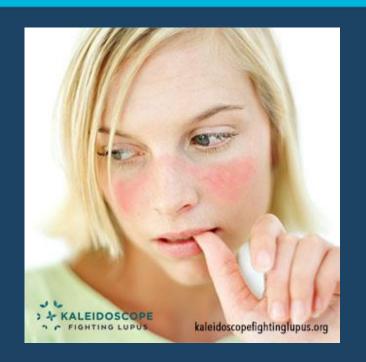
Rashes

Multiple miscarriages

Fatigue

Hair loss

ANA +ve 95% (5-20% of pop.)





Mild Lupus – NSAIDs, Hydroxyxhloroquine

Mod Lupus – Methotrexate, Azathioprine, Prednisolone

Severe Lupus – Prednisolone, biologics

Sjogrens Syndrome

RHEUMATOLOGY, PHYSIO ONLINE.

Multiple joint pains

Myalgia

Fatigue

9:1 Female:Male

Peak onset age 50-60

Dry Eyes (Schirmer test)
Dry Mouth (water+++)

Vaginal Dryness (painful sex, sores)

Sjogrens Syndrome



Management much the same as lupus

Ocular dryness

Saliva

Topical oestrogen or vaginal lubricants

Connective Tissue Disorders





