

Quiz Questions

Introduction

1. Swelling, redness and joint stiffness lasting over 30 mins in the morning is a sign of inflammation True/False
2. Which of these conditions are associated with development of Rheumatic conditions
 - a. Crohn's Disease
 - b. Sciatica/radicular back pain
 - c. Achilles tendon tear
 - d. Psoriasis
3. Which best describes "Spondyloarthritis"
 - a. Mostly affecting men, predominantly back pain, better with NSAIDs
 - b. Affecting men and women equally, inflammatory back pain, better with rest
 - c. Affects slightly more men than women, can affect spine and peripheral joints, early morning symptoms worse >30 mins
 - d. Affects slightly more men than women, worse with activity, early morning symptoms worse >30 mins

Rheumatoid Arthritis

1. All Rheumatoid Arthritis patients will have bilateral symptoms True/False
2. An extra-articular feature of Rheumatoid Arthritis is achilles tendinopathy
3. Inflammatory marker testing is always positive in Rheumatoid Arthritis

Axial Spondyloarthritis

1. Some Axial Spondyloarthritis patients will be HLA-B27 negative True/False
2. Some Axial Spondyloarthritis patients will not have any inflammation on MRI True/False
1. An equal number of men develop Axial Spondyloarthritis as women True/False

Psoriatic Arthritis

1. Which symptoms can be related to Psoriatic Arthritis
 - a. Nail Changes
 - b. Dactylitis
 - c. Plantar fasciitis
 - d. All of the above
2. Symptoms worse with activity and better with rest are usually reported by Psoriatic Arthritis and patients.
3. Psoriatic Arthritis is most likely to present with
 - a. Inflammatory back pain, crohn's disease, fatigue
 - b. Peripheral enthesitis, psoriasis, obesity
 - c. Multiple MCPJ pain, uveitis, depression
 - d. 1st MTPJ pain, symptom onset at night, family history of gout

Gout and Osteoporosis

1. Is Osteoporosis under or overdiagnosed in the population?
2. Gout most commonly affects the 1st MTP Joint True/False
3. Osteoporosis and Gout should be referred immediately to Rheumatology True/False