

## Quiz Questions

### Introduction

1. Swelling, redness and joint stiffness lasting over 30 mins in the morning is a sign of inflammation True/False

Answer - True

2. Which of these conditions are associated with development of Rheumatic conditions
  - a. Crohn's Disease
  - b. Sciatica/radicular back pain
  - c. Achilles tendon tear
  - d. Psoriasis

Answer – a & d

3. Which best describes "Spondyloarthritis"
  - a. Mostly affecting men, predominantly back pain, better with NSAIDs
  - b. Affecting men and women equally, inflammatory back pain, better with rest
  - c. Affects slightly more men than women, can affect spine and peripheral joints, early morning symptoms worse >30 mins
  - d. Affects slightly more men than women, worse with activity, early morning symptoms worse >30 mins

Answer c

### Rheumatoid Arthritis

1. All Rheumatoid Arthritis patients will have bilateral symptoms True/False

Answer – False

2. An extra-articular feature of Rheumatoid Arthritis is achilles tendinopathy

Answer – False

3. Inflammatory marker testing is always positive in Rheumatoid Arthritis

Answer - False

### Axial Spondyloarthritis

1. Some Axial Spondyloarthritis patients will be HLA-B27 negative True/False

Answer – True

2. Some Axial Spondyloarthritis patients will not have any inflammation on MRI True/False

Answer – True

1. An equal number of men develop Axial Spondyloarthritis as women True/False

Answer - False

### Psoriatic Arthritis

1. Which symptoms can be related to Psoriatic Arthritis

- a. Nail Changes
- b. Dactylitis
- c. Plantar fasciitis
- d. All of the above

Answer d

- 2. Symptoms worse with activity and better with rest are usually reported by Psoriatic Arthritis and patients.

Answer - False

- 3. Psoriatic Arthritis is most likely to present with
  - a. Inflammatory back pain, crohn's disease, fatigue
  - b. Peripheral enthesitis, psoriasis, obesity
  - c. Multiple MCPJ pain, uveitis, depression
  - d. 1<sup>st</sup> MTPJ pain, symptom onset at night, family history of gout

Answer b

### **Gout and Osteoporosis**

- 1. Is Osteoporosis under or overdiagnosed in the population?

Answer – underdiagnosed

- 2. Gout most commonly affects the 1<sup>st</sup> MTP Joint True/False

Answer – True

- 1. Osteoporosis and Gout should be referred immediately to Rheumatology True/False

Answer – False